



## Tom's Bar & Bistro

# BREAKFAST MENU

### HEALTHY OPTIONS

#### GRANOLA JAR

Seasonal Fresh Compote & Nutty Granola Pot  
€5.50

#### OVERNIGHT OATS JAR

Flahavan's Oats, Granola, Almond Milk, Flaked Almonds, (Glen)Honey, Topped With Fresh Berries  
€5.50

#### FLAHAVAN'S ORGANIC IRISH PORRIDGE

Drizzled with Ringfort Farm Honey & Seasonal Compote  
€5.50

#### BAKER'S BASKET

White & Brown Bread Toasted, Irish Butter & Marmalade or Raspberry Jam  
€3.00

#### SEASONAL FRUIT SALAD

Natural Yogurt & Ringfort Farm Honey  
€5.50

#### AVOCADO TOAST

Sourdough Toast, Crushed Avocado, Crispy Bacon & Poached Eggs  
€12.20

#### BREAKFAST BAP

Toasted Bap, Grilled Bacon, Pork Sausage & Fried Egg  
€7.50

#### SCRAMBLED OR POACHED EGGS

Oven Roasted Tomato & Crisp Bacon  
€9.50

#### VEGGIE BREAKFAST

2 Poached Eggs, Grilled Tomatoes, Sauté Potatoes & Baked Beans  
€10.50

#### MINI IRISH BREAKFAST

Sausage, Crispy Bacon, Black & White Pudding, Oven Roast Tomato, Sauté Mushrooms, Baked Beans, Eggs Your Way  
€12.50

#### TRADITIONAL IRISH BREAKFAST

2 Sausage, 2 Crispy Bacon, Black & White Pudding, Oven Roast Tomato, Sauté Mushrooms, Baked Beans, Hash Brown  
€14.50

### TRADITIONAL PANCAKES

Traditional Lemon & Sugar

€7.90

Nutella & Fresh Strawberries

€8.50

Berry Compote

€8.20

Crisp Bacon & Maple Syrup

€9.50

### KID'S BREAKFAST

#### KID'S PANCAKES

Chocolate Nutella  
€6.20

#### KID'S BREAKFAST

Sausage, Bacon & Fried Eggs  
€7.00

### BEVERAGES

The Stables Mixed Berry Smoothie

€3.50

Americano

€3.50

The Stables Freshly Squeezed Orange Juice

€3.20

Flat White

€3.90

Apple Juice

€3.20

Latte

€3.90

Pot of Tea

€3.20

Cappuccino

€3.90

Herbal Tea

€3.40

Hot Chocolate

€4.00

Espresso

€3.50

Alternative Milk

€0.60

Mocha

€4.00

Syrups

€0.75

