

BREAKFAST

BREAKFAST BAP €6.50

LOCAL PORK SAUSAGE & CRISP BACON

SAUSAGE ROLL €3.80

LOCAL PORK SAUSAGE, PUFF PASTRY,
BALLYMALOE RELISH

AÇAÍ BOWL €8.00

AÇAÍ BERRIES, SEASONAL BERRIES, HONEY,
CRUNCHY GRANOLA

GRANOLA €6.50

NATURAL YOGHURT, HOUSE-MADE GRANOLA,
FRUIT COMPOTE

BAKER’S BASKET

CINNAMON ROLL €3.00

SCONE, JAM & CREAM €3.50

CROISSANT €3.00

LUNCH

MUG OF SOUP €6.50

SOUP OF THE DAY, FRESH BROWN BREAD

GOAT’S CHEESE SALAD €13.50

BOYNE VALLEY GOAT’S CHEESE, BABY PLUM TOMATOES,
WALNUTS, ROCKET LEAVES, BEETROOT DRESSING

CHICKEN CAESAR SALAD €13.50

GEM LETTUCE, CRISPY BACON LARDONS,
PARMESAN SHAVINGS, CAESAR DRESSING

SUPERFOOD SALAD €13.90

QUINOA SALAD, BROCCOLI, SOYA BEANS, AVOCADO,
SPINACH, HERBS, POMEGRANATE, PUMPKIN SEEDS,
BEETROOT DRESSING

MEDITERRANEAN TART €12.50

FETA & ROASTED VEGETABLES, GREEN LEAVES

BEEF & GUINNESS STEW €16.50

MARINATED BEEF, ROOT VEGETABLES & BABY POTATOES

SANDWICHES

THE IRISH ROAST €9.95

IRISH CHICKEN, HERB STUFFING, TOMATO RELISH,
SOURDOUGH BREAD

THE TRADITIONAL €9.50

BAKED CARVED HAM, WEST CORK CHEDDAR,
RUSTIC BAGUETTE

THE CAESAR €9.50

ROAST CHICKEN, GEM LETTUCE, CRISPY BACON,
CAESAR DRESSING, GARLIC CROUTONS,
WHITE WRAP

THE ITALIAN €9.95

IRISH ROAST CHICKEN, GREEN BASIL PESTO,
MOZZARELLA, BALLYMALOE TOMATO RELISH, CIABATTA

THE MEDITERRANEAN €9.50

ROASTED PEPPERS, RED ONION, GREEN LEAVES,
HUMMUS, & FETA CHEESE, WHOLEGRAIN WRAP

THE OCEAN €10.90

CONWAY’S PEAT SMOKED SALMON, ROCKET SALAD,
CAPER MAYONNAISE, ANNA’S BROWN BREAD

ADD SOUP €2.00

CAKES

ASK ABOUT OUR SELECTION OF €6.50
FRESHLY BAKED CAKES

TRAY BAKE €4.90

FRESH JUICES

FRESH ORANGE JUICE	€3.20
IRISH APPLE JUICE	€3.20
RASPBERRY LEMONADE	€3.50
CLOUDY LEMONADE	€3.50
ICE PEACH TEA	€3.50

WINES

RED WINE	€8.00
WHITE WINE	€8.00
ROSÉ	€8.00
PROSECCO	€12.00
APEROL SPRITZ PROSECCO, APEROL, & ORANGE	€12.00
HUGO SPRITZ PROSECCO, ELDERFLOWER, & MINT	€12.00

TEAS & COFFEES

	LARGE	SMALL
TEA		€3.00
HERBAL TEAS		€3.30
AMERICANO	€3.60 /	€3.20
LATTE	€4.30 /	€3.90
CAPPUCCINO	€4.20 /	€3.80
ESPRESSO	€3.60 /	€3.20
FLAT WHITE		€3.80
MATCHA LATTE		€4.50
CHAI LATTE		€4.50
HOT CHOCOLATE	€4.40 /	€4.00
KID’S HOT CHOCOLATE		€3.00
OAT/COCONUT/ALMOND/ SOYA MILK		€0.60
IRISH CRAFT SODA		€3.20
WATER		€3.00